



Adaptive Rowing Classification Guidance

British Rowing has implemented a classification system whereby persons with a disability are to be classified to race within one of three categories for British Rowing competitions;

LTA – legs, trunk and arms

TA – trunk and arms

AS – arms and shoulders

Rowers may compete in a *more* functional classification category than their assigned one, but not a *less* functional one. For example, a rower classified as TA may compete in LTA events, but may not compete in AS events.

British Rowing will not limit participants to the FISA boat types however rowers must compete in a boat which is appropriate for their needs and complies with British Rowing Adaptive Boats Regulations

Guide to the Classification Process:

1. To be classified as an Adaptive Rower you need to be seen by two members of the National Classifier Team at one of the opportunities listed below.
2. Those wishing to be classified should contact Maddie Millichap or Pippa Randolph to register their place and receive information on the times and location of the classification.
3. The classification process will be performed by two classifiers, one medical and one technical. You will be required to complete a British Rowing Adaptive Rower Consent Form together with a Declaration of Medical Conditions that may require Emergency Procedures Form. A signed letter or documentation from a medical doctor is required providing a clear medical diagnosis. The classifiers will assess your functional ability through a medical evaluation and a technical evaluation on a rowing machine and/or water. If you wear a prosthesis or orthotic device including walking aids (crutches) you should bring these with you, along with any other information you feel will be necessary.
4. You will be given a classification status of LTA, TA or AS with a “New”, “Review”, “Confirmed” or “Not Eligible” status when you have been classified. Those given a “Review” status will need to be re-tested annually.
5. Once you have received your classification status you are eligible to race at British Rowing events as long as you hold a British Rowing racing licence.
6. Your classification status will be logged at British Rowing and if you are a British Rowing member a new racing licence will be sent out with your classification status on it.
7. To become a member of British Rowing and thus become eligible to race in British Rowing events please download a membership form from www.britishrowing.org or email membership@britishrowing.org for advice. You will need to send a copy of your classification status along with your completed membership form.



Classification opportunities:

A series of workshops attended by members of the National Classifier Team will be held across the country.

For up-to-date details of the workshops and contacts please check www.britishrowing.org/adaptive or email Maddie Millichap.

FAQs

Q - I am disabled and race regularly in able-bodied events, how will this affect me?

A - It will not affect you unless you want to race as an Adaptive participant, in which case you will need to follow the advice above.

Q - How much does it cost to get classified?

A - It does not cost anything to get classified.

Q - I am not sure whether I will be eligible as an Adaptive Rower, what should I do?

A - Contact Maddie Millichap, Adaptive Rowing coach, for guidance.

Q - What happens during the classification process?

A - The classification process will be performed by two classifiers, one medical and one technical. You will be required to complete a British Rowing Adaptive Rower Consent Form together with a Declaration of Medical Conditions that may require an Emergency Procedures Form. A signed letter or documentation from a medical doctor is required providing a clear medical diagnosis. The classifiers will assess your functional ability through a medical evaluation and a technical evaluation on a rowing machine and/or water. If you wear a prosthesis or orthotic device including walking aids (crutches) you should bring these with you, along with any other information you feel will be necessary.

Q - I have a FISA classification status; do I need to get re-classified for British Rowing competitions?

A - If you have a "Confirmed" FISA classification status or a "Review" status with more than 3 months left on it then this is a valid for British Rowing competitions. Follow points 5, 6 and 7 above, sending a copy of your FISA status in place of the classification status mentioned. If you have a "Review" FISA classification status that has less than 3 months on it then this is no longer valid. You will need to be re-classified; follow the guidelines above.

For more information on any of the material in this document please see the contact details below.

Contact details:

Maddie Millichap, Adaptive Rowing Coach, Club & Coach programme

Email: Madeleine.millichap@britishrowing.org Mobile: 07960 534704

Pippa Randolph, British Rowing Head Office

Email: pippa.randolph@britishrowing.org Direct Line: 020 8237 6703