



BRITISH ROWING

Competition Organisers Clean Sport Toolkit

May 2021

TEAMWORK | OPEN TO ALL | COMMITMENT



Statement

British Rowing strongly believes in fostering a Clean Sport and works in partnership with UK Anti-Doping (UKAD) and our International Federation, World Rowing, to protect the integrity of our sport.

British Rowing is committed to promoting and supporting doping-free sport and engendering a culture of being proud to be a Clean Sport. To this end this toolkit has been devised to provide information to plan for any visits from UKAD's doping control officers, and sample text to use on their websites and policies.

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Doping Control

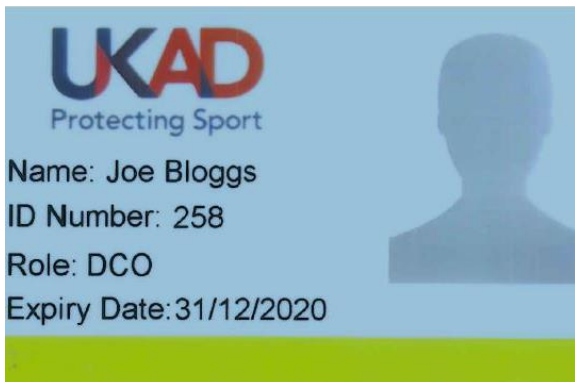
No advance notice Testing

The principle of no advance notice doping control is integral to an effective testing programme, and therefore ensuring UKAD can quickly and effectively access relevant venues to deliver the testing programme, with no prior notice to the NGB, is key.

Please note, for events that currently require specific accreditation, please contact UKAD directly.

UKAD Doping Control Personnel Identification and Mission Order

For any test conducted by UKAD, UKAD accredited Doping Control Personnel (DCP) will be assigned to conduct the doping control. The number of DCP assigned to a test will be dependent on the number of athletes to be tested. All UKAD DCP will have an official UKAD DCP photographic identification card, which they must have at all tests. These are renewed every two years. The following is an example copy of a UKAD DCP identification card:



In addition to the above, the Doping Control Officer (DCO) leading on conducting the doping control process (Lead DCO), will have a copy of a Mission Order which acts as their authority to conduct doping control directed by UKAD.

In attempting to access a venue, the Lead will be able to demonstrate both their UKAD DCP identification card, and a copy of the Mission Order to verify their authority to test. Note that the Mission Order contains confidential information, and therefore details of all information on the Mission Order cannot be shared.



Actions upon arrival

Upon arrival at a venue by the UKAD DCP team, it will be the Lead DCO's responsibility to locate an appropriate representative to assist them, for examples, with access to the venue, Doping Control Station facilities and information of the location of groups of athletes. It is expected that such a representative assists the Lead DCO with such requests as a matter of priority in order to ensure that no advance notice testing is adhered to.

Where possible, the rest of the UKAD DCP team may begin to access the venue in order to locate the athletes and start observation of the athletes. This ensures no advance notice testing is adhered to.

Facilities

The Lead DCO will request the venue/club representative to assist with the provision of suitable Doping Control Station facilities. UKAD does not expect all venues to have designated Doping Control Stations, although possible facilities should be identified in advance to ensure that doping control can take place. Facilities should meet the following minimum standards:

- Ensure privacy for the athlete
- Ensure privacy and security for the sample collection and sample division process (ideally facilities should be for the sole use of doping control)

The following provides further details on the ideal facilities to be provided for doping control. UKAD recognises that obtaining such facilities is not always possible, however facilities should meet these ideal criteria as closely as is feasible:

- Facilities should be as close as possible to the training/competition area
- Facilities should comprise a waiting area, processing area and adjacent toilet facilities for sample collection.
- Common waiting and processing areas can be used, however separate toilet facilities should be provided (for mixed events separate facilities for men and women should be provided). The toilet facilities must be large enough to accommodate the DCP and the athlete. Disabled toilets are excellent for sample collection.
- The waiting area should have chairs, a space for an adequate supply of drinks and a rubbish bin.
- The processing area should contain a table and chairs
- Facilities should have a hand basin, soap, and a method for drying hands
- Entry to the facilities should be secure and ideally lockable



- Drinks can be provided by the event organiser or NGB/IF representative for athletes to rehydrate. UKAD DCP will not provide drinks. Drinks provided should be non-alcoholic and in sealed containers for e.g., bottled water.

Consent to Testing Sample Text

The following statement should be included either on your website, entries information, and in competitor information packs:

Clean Sport Statement

[Competition name] is committed to Clean Sport. The UK Anti-Doping Rules apply to all participants of the sport, including minors (children and young people), and they make all participants subject to drug testing. For the purposes of those rules, consent of a parent or guardian to the testing of a minor is deemed to follow automatically from the fact that the minor has been permitted by their parent or guardian to participate in rowing. Therefore, any minors as well as all other athletes participating in this competition may be subject to drug testing.

A Clean Sport essential guide for parents and carers, along with more information about anti-doping and your responsibilities can be found on British Rowing's [Clean Sport webpage](#) or email cleansport@britishrowing.org

Other useful links

Check Your Medications on Global DRO

Remember to check all medications on [Global DRO](#), where you can search by ingredient or brand name.

Reduce Supplements Risks by using Informed Sport

You can find information about supplements and ways of reducing associated risks British Rowing's webpage <https://www.britishrowing.org/knowledge/cleansport/> all Athletes are encouraged to check any supplement they are considering using [Informed Sport](#). but must remember there is no guarantee any supplement is free from banned or harmful substances.

A **Clean Sport poster** for use in adverts or social media can be found in [Clean Sport Resources](#)

Links

[British Rowing Clean Sport Webpage](#)

[UK Anti-Doping](#)

[UKAD's 100% me Clean Sport App](#)