



**JUNIOR
INTER-REGIONAL
REGATTA**

2023 Notice of Competition

**14 February 2023
Version 1**

TEAMWORK | OPEN TO ALL | COMMITMENT

1. Date, Venue and Teams Eligible to Compete

- I.1. The 2023 Junior Inter-Regional Regatta (JIRR) will be held on Saturday, 22nd April at the National Water Sports Centre, Holme Pierrepont, Nottingham NG12 2LU.
- I.2. All side-by-side races take place over 1,500m with a stake boat start, except Adaptive races which will be over 1,000m with a free start (see also Section 8).
- I.3. The Regatta is contested between the following 12 JIRR Teams, based on the British Rowing Regions, with the Thames Region split into its three sub-regions and Wales competing with WAGS. The 12 JIRR Teams, their abbreviations and team colours are shown in the diagram below:



- I.4. The term “team” is used throughout this document to refer to one or more of the 12 JIRR Teams.

2. Events Offered and Entry Fees

Events Offered

2.1. The following events are offered at the Regatta:

Junior 14	Junior 15	Junior 16
J14 1x	J15 1x	J16 1x
WJ14 1x	WJ15 1x	WJ16 1x
J14 2x	J15 2x	J16 2x
WJ14 2x	WJ15 2x	WJ16 2x
J14 4x+	J15 4x+	J16 2-
WJ14 4x+	WJ15 4x+	WJ16 2-
	J15 4+	J16 4x-
	WJ15 4+	WJ16 4x-
		J16 4+
		WJ16 4-
		J16 8o
		WJ16 8o
Adaptive J 1x (see paragraphs 2.4–2.6)		
Adaptive WJ 1x (see paragraphs 2.4–2.6)		

- 2.2. Each team's entry for each event must comprise competitors from registered clubs within the region(s) or sub-region(s) that make up that team. Crews comprising competitors from clubs in more than one team are not allowed.
- 2.3. The Organising Committee (OC) encourages teams to avoid doubling up of athletes. However, where it is not possible to field a full team without this, it will be permitted. As such, the racing order (see section 8) has been developed to allow for some doubling up **within age bands**. Equipment is shared at the crew's own risk. Doubling up outside age bands is done at the crew's risk. **Neither** is taken into account in the racing order. No changes to the race order will be made to take account of any issues arising due to doubling up etc.

Adaptive Events

- 2.4. Two Adaptive events are offered at this year's Regatta: one for Open competitors in a single age band J14-J18 and one for Women competitors in a single age band J14-18. Those competitors with any Adaptive classification including AR-O (Adaptive Rower Open, Self-Declaration Form) shall be eligible to compete (see paragraph 5.6). These events shall not be further subdivided into classes: competitors from different Adaptive groupings and Para Sport Classes shall compete in the same event. Each team may enter one competitor in each of the two events.
- 2.5. Whilst the OC is keen to include Adaptive events, it is recognised that not all Regions have Adaptive rowing programmes. Therefore, these two events shall not count towards the team points this year: paragraphs 8.3, 8.5 and 8.6 of this Notice shall not apply.

- 2.6. The racing format and distance for these events will be as set out at paragraph 8.1.
- 2.7. Following British Rowing convention on adaptive classification, note that:
 - a. the following Temporary Conditions are not considered Adaptive: Gastroenteritis; Respiratory Disease; and Recovering/Rehabilitating Injury
 - b. the following Chronic Conditions are not considered Adaptive: Epilepsy; Autism; Hearing Impairment (Deafness); Diabetes; Asthma; and Cardiac Disease.

Entry Fees

- 2.8. Teams will pay a fee of £21 per seat for each competitor (including coxes) entered in the competition. The fee includes a t-shirt in the team colours for each rower/cox and one complimentary t-shirt for the team manager.
- 2.9. Payment for each individual team will be submitted by the team manager by credit card through the online payment system on BROE2, by a single cheque made out to British Rowing Limited or by a single electronic fund transfer to the British Rowing bank account (details supplied separately to team managers).
- 2.10. All cheques are to be sent to the JIRR Entries Secretary, % British Rowing Ltd, 6 Lower Mall, London W6 9DJ.
- 2.11. Individual team managers are responsible for collecting entry fees from their team's competitors.
- 2.12. The full entry fee due must be paid, or the cheque received, by Friday, 7th April 2023.

3. Prizes

- 3.1. Individual gold, silver or bronze medals will be awarded respectively to the first, second and third fastest three crews in the A Final of each event.
 - a. In addition to the victores ludorum cups below, there are two other presentation cups, which remain the property of the Regatta:
 - b. The Nigel Smith Claret Jug, which will be presented to the crew winning the J16 8o A Final.
 - c. The CUWBC Rose Bowl, which will be presented to the crew winning the WJ16 8o A Final.

Victores Ludorum

- 3.2. Teams will compete for the three following victores ludorum prizes, based on the number of Team points accrued during the finals of the relevant events:
 - a. The overall Victor Ludorum (the Di Ellis Shield)
 - b. The Victrix Ludorum for Junior Women's events (the Margaret Marshall Cup)
 - c. The Victor Ludorum for Junior Open events (the Ann & Brian Colborne Cup).
- 3.3. The Martin Humphrys Cup will be awarded to the highest placed team across all events, with only those teams that were placed overall between 7th and 12th inclusive in the previously held Regatta being eligible for this cup. This year, the eligible teams in alphabetical order are: East Midlands, Thames South East, WAGS & Wales, Wessex, West and Yorkshire.

3.4. The shield and the cups remain the property of the Regatta.

4. Conditions of Entry

- 4.1. Individual competitors, including substitutes and coxes, must hold Race membership with British Rowing or Welsh Rowing.
- 4.2. Competitors must provide their own equipment. Coxes are responsible for providing their own dead-weight where needed.
- 4.3. All crews must have a named coach or responsible adult. The coach or responsible adult, who must be over the age of 18, must be named on the entry and a current mobile telephone number for that person must be provided. They must be in attendance at the Regatta (see also *paragraph 9.2 in case of a substitute coach or responsible adult attending*).

5. Making Entries

- 5.1. Entries must be made via BROE2. No other format will be accepted. Entries will open on Monday, 20th February at 12:00 (noon).
- 5.2. Entries must be submitted by **12:00 (noon) on Friday, 7th April 2023** and may only be made by the appointed team manager. The team manager will submit entries as if they were submitting them for their own club.
- 5.3. It is especially important to include the following in the 'Notes' section on BROE2:
 - a. commentary notes
 - b. a coach's contact number.
- 5.4. If you have any queries regarding entries or the entries process, please email secretary.jirr@gmail.com in good time.
- 5.5. Please note that the timetable (see *section 8*) is fixed and team managers should take it into account when selecting their crews as changes to the timetable will not be made.
- 5.6. Team managers should ensure that a *British Rowing Adaptive Rower Medical Self-Declaration Form for AR - Open Category* is completed for each entrant for the Adaptive J 1x and Adaptive WJ 1x events and emailed to secretary.jirr@gmail.com by the close of entries. Forms will be reviewed by the British Rowing Head of Classification.

6. The Draw Process

- 6.1. The draw will take place at 11:00 on Sunday, 9th April and will be coordinated virtually by video call.
- 6.2. The Draw will be published on the following website by 22:00 on Wednesday, 12th April: www.britishrowing.org/events/events-calendar/junior-inter-regional-regatta. An information pack containing the Timetable and General & Safety instructions will be emailed to all team managers who have entered crews; these documents will also be posted on the website in pdf format.

- 6.3. Enquiries regarding the draw should be made by email to secretary.jirr@gmail.com. Please remember to include your full contact details.

7. Making Changes to Entries

- 7.1. Team managers are reminded of British Rowing Rule of Racing 7-2-4-b: *“All the rowing members of a crew, and the cox, may be substituted until the official close of entries. Thereafter up to half of the rowing members of a crew and the cox may be substituted before the crew’s first race in an event. Any substitute shall fulfil the requirements of Rule 2-1-1 and the Personal Ranking Reference Book, and be approved as eligible by the Organising Committee.”* Save that the substitute must be a member of the same team as the rower he or she is replacing and the cox may belong to a different team. The reference to the Personal Ranking Reference Book is not relevant for this Regatta.
- 7.2. Withdrawal after a crew’s first race will be allowed if notice is given to the Chair of the Race Committee (contactable via the Entries Secretary) and there are acceptable reasons. As stated at paragraph 8.5, no team points will be awarded to crews that withdraw on race day.

8. Racing Format

- 8.1. **Adaptive events:** will comprise a time trial over 1,000m as the first round. This will determine the lanes and handicap (timed head start) for the final which will be held over 1,000m with a free start.
- 8.2. **All other events:** will be raced over 1,500m with the heats timed. The fastest six crews across both heats will go through to the A Final and the remainder will go through to the B Final.
- 8.3. The maximum number of points available in an event will be equal to the number of crews that race in that event’s finals. The first placed crew in the A Final receives the maximum number of points, with the next placed crews each receiving one fewer point than the previous. Points will be awarded in the same manner in the B Final with the maximum number of points for the first placed crew being the equal to the number of crews that raced in the event minus the number that raced in the A Final. For an event with 12 crews racing, points will therefore be awarded as follows:
- a. A Final: 1st receives 12 points, 2nd receives 11 points and so on to 6th, 7 points.
 - b. B Final: 1st receives 6 points, 2nd receives 4 points and so on to 6th, 1 point.
- 8.4. In all cases the A Final will comprise the six fastest crews as a result of racing the heats. The B Final will comprise the remainder. The only case when a B Final will not be held is when only seven crews are entered or compete in an event.
- 8.5. In the unlikely event of a crew not appearing at the start in an A Final or B Final, that crew will be awarded no team points. If a crew fails to show for an A Final, all crews in the B Final will receive an extra team point for each crew that fails to show.
- 8.6. Any crew that scratches or does not finish a final (i.e. not rowed out, did not finish or disqualified) will receive no team points (British Rowing Rule of Racing 7). If a crew to which this applies is in an A Final, all crews in the B Final will receive an extra team point.

8.7. The timetable for racing is as follows:

Heats

Time	Race No./ID	Age	Event	Round	Next Race
09:30	1 A	WJ	AR-O 1x	Heat 1	55
09:40	2 B	J	AR-O 1x	Heat 1	56
09:50	3 C	J15	1x	Heat 1	57 or 58
09:54	4 D	J15	1x	Heat 2	57 or 58
09:59	5 E	J16	W1x	Heat 1	59 or 60
10:03	6 F	J16	W1x	Heat 2	59 or 60
10:08	7 G	J16	1x	Heat 1	61 or 62
10:12	8 H	J16	1x	Heat 2	61 or 62
10:17	9 I	J15	W1x	Heat 1	63 or 64
10:21	10 J	J15	W1x	Heat 2	63 or 64
10:26	11 K	J14	W1x	Heat 1	65 or 66
10:30	12 L	J14	W1x	Heat 2	65 or 66
10:35	13 M	J14	1x	Heat 1	67 or 68
10:39	14 N	J14	1x	Heat 2	67 or 68
10:44	15 O	J16	W2x	Heat 1	69 or 70
10:48	16 P	J16	W2x	Heat 2	69 or 70
10:53	17 A	J16	2x	Heat 1	71 or 72
10:57	18 B	J16	2x	Heat 2	71 or 72
11:02	19 C	J15	W2x	Heat 1	73 or 74
11:06	20 D	J15	W2x	Heat 2	73 or 74
11:11	21 E	J16	2-	Heat 1	75 or 76
11:15	22 F	J16	2-	Heat 2	75 or 76
11:20	23 G	J16	W2-	Heat 1	77 or 78
11:24	24 H	J16	W2-	Heat 2	77 or 78
11:29	25 I	J15	W4+	Heat 1	79 or 80
11:33	26 J	J15	W4+	Heat 2	79 or 80
11:38	27 K	J15	4+	Heat 1	81 or 82
11:42	28 L	J15	4+	Heat 2	81 or 82
11:47	29 M	J15	W4x+	Heat 1	83 or 84
11:51	30 N	J15	W4x+	Heat 2	83 or 84
11:56	31 O	J15	4x+	Heat 1	85 or 86
12:00	32 P	J15	4x+	Heat 2	85 or 86
12:05	33 A	J14	W4x+	Heat 1	87 or 88
12:09	34 B	J14	W4x+	Heat 2	87 or 88
12:14	35 C	J14	4x+	Heat 1	89 or 90
12:18	36 D	J14	4x+	Heat 2	89 or 90
12:23	37 E	J16	W4x-	Heat 1	91 or 92
12:27	38 F	J16	W4x-	Heat 2	91 or 92
12:32	39 G	J16	4x-	Heat 1	93 or 94
12:36	40 H	J16	4x-	Heat 2	93 or 94
12:41	41 I	J16	W4-	Heat 1	95 or 96
12:45	42 J	J16	W4-	Heat 2	95 or 96
12:50	43 K	J16	4+	Heat 1	97 or 98
12:54	44 L	J16	4+	Heat 2	97 or 98
12:59	45 M	J15	2x	Heat 1	99 or 100
13:03	46 N	J15	2x	Heat 2	99 or 100
13:08	47 O	J14	W2x	Heat 1	101 or 102
13:12	48 P	J14	W2x	Heat 2	101 or 102
13:17	49 A	J14	2x	Heat 1	103 or 104
13:21	50 B	J14	2x	Heat 2	103 or 104
13:26	51 C	J16	W8o	Heat 1	105 or 106
13:30	52 D	J16	W8o	Heat 2	105 or 106
13:35	53 E	J16	8o	Heat 1	107 or 108
13:39	54 F	J16	8o	Heat 2	107 or 108

Finals

Time	Race No./ID	Age	Event	Round	Previous Race
14:01	55 G	WJ	AR-O 1x	Final A	from 1
14:11	56 H	J	AR-O 1x	Final A	from 2
14:21	57 I	J15	1x	Final B	from 3 & 4
14:25	58 J	J15	1x	Final A	from 3 & 4
14:30	59 K	J16	W1x	Final B	from 5 & 6
14:34	60 L	J16	W1x	Final A	from 5 & 6
14:39	61 M	J16	1x	Final B	from 7 & 8
14:43	62 N	J16	1x	Final A	from 7 & 8
14:48	63 O	J15	W1x	Final B	from 9 & 10
14:52	64 P	J15	W1x	Final A	from 9 & 10
14:57	65 A	J14	W1x	Final B	from 11 & 12
15:01	66 B	J14	W1x	Final A	from 11 & 12
15:06	67 C	J14	1x	Final B	from 13 & 14
15:10	68 D	J14	1x	Final A	from 13 & 14
15:15	69 E	J16	W2x	Final B	from 15 & 16
15:19	70 F	J16	W2x	Final A	from 15 & 16
15:24	71 G	J16	2x	Final B	from 17 & 18
15:28	72 H	J16	2x	Final A	from 17 & 18
15:33	73 I	J15	W2x	Final B	from 19 & 20
15:37	74 J	J15	W2x	Final A	from 19 & 20
15:42	75 K	J16	2-	Final B	from 21 & 22
15:46	76 L	J16	2-	Final A	from 21 & 22
15:51	77 M	J16	W2-	Final B	from 23 & 24
15:55	78 N	J15	W2-	Final A	from 23 & 24
16:00	79 O	J15	W4+	Final B	from 25 & 26
16:04	80 P	J15	W4+	Final A	from 25 & 26
16:09	81 C	J15	4+	Final B	from 27 & 28
16:13	82 D	J15	4+	Final A	from 27 & 28
16:18	83 E	J15	W4x+	Final B	from 29 & 30
16:22	84 F	J15	W4x+	Final A	from 29 & 30
16:27	85 G	J15	4x+	Final B	from 31 & 32
16:31	86 H	J15	4x+	Final A	from 31 & 32
16:36	87 I	J14	W4x+	Final B	from 33 & 34
16:40	88 J	J14	W4x+	Final A	from 33 & 34
16:45	89 K	J14	4x+	Final B	from 35 & 36
16:49	90 L	J14	4x+	Final A	from 35 & 36
16:54	91 M	J16	W4x-	Final B	from 37 & 38
16:58	92 N	J16	W4x-	Final A	from 37 & 38
17:03	93 O	J16	4x-	Final B	from 39 & 40
17:07	94 P	J16	4x-	Final A	from 39 & 40
17:12	95 A	J16	W4-	Final B	from 41 & 42
17:16	96 B	J16	W4-	Final A	from 41 & 42
17:21	97 C	J16	4+	Final B	from 43 & 44
17:25	98 D	J16	4+	Final A	from 43 & 44
17:30	99 E	J15	2x	Final B	from 45 & 46
17:34	100 F	J15	2x	Final A	from 45 & 46
17:39	101 G	J14	W2x	Final B	from 47 & 48
17:43	102 H	J14	W2x	Final A	from 47 & 48
17:48	103 I	J14	2x	Final B	from 49 & 50
17:52	104 J	J14	2x	Final A	from 49 & 50
17:57	105 K	J16	W8o	Final B	from 51 & 52
18:01	106 L	J16	W8o	Final A	from 51 & 52
18:06	107 M	J16	8o	Final B	from 53 & 54
18:10	108 N	J16	8o	Final A	from 53 & 54

9. Regulations for Racing

- 9.1. The Regatta is run in accordance with the British Rowing Regulations, the Rules of Racing and Row Safe guidance together with its associated documents. Competitors and coaches are reminded that they should be familiar with these documents.
- 9.2. If a substitute coach or responsible adult attends the Regatta he/she must contact Registration and register his/her mobile telephone number. This can also be done in advance by emailing secretary.jirr@gmail.com.
- 9.3. Competitors are reminded that they must bring their Membership Cards with them. Membership Cards must include an up-to-date photograph. If a Membership Card is not available, then other forms of photographic ID are acceptable.
- 9.4. The Race Committee reserves the right to exclude any crew or sculler from further competition in an event if it does not show sufficient competence in either attaching to the start pontoons or progressing down the course during a race. This is applied in the interests of safety and fairness to other competitors.

Cancellation and Changes to Racing

- 9.5. Team managers, competitors, volunteers and spectators are reminded that safety is the Organising Committee's primary concern. In cases when the OC considers that the Regatta cannot be run safely, the OC may choose to take appropriate action, which may include (amongst other things) suspending racing, changing the timetable, shortening the course, cancelling specific events or cancelling the Regatta altogether. The OC will seek to make a decision as early as practicable based on the circumstances in question and in the event of advance cancellation, the OC will aim to make and communicate this decision at least 24 hours in advance of the Regatta. Team managers, competitors, volunteers and spectators should take this into account when making plans for travel, accommodation etc.
- 9.6. Entry fees will not be refundable if it should become necessary, for any reason, to abandon the Regatta or any event on the day. It will be at the discretion of the Organising Committee if a partial refund is offered if the Regatta is cancelled prior to race day.
- 9.7. When it is not possible, for whatever reason, to complete the Regatta or any event, times from the heats may be used to determine medal winners, declare the victores ludorum and award other prizes.
- 9.8. The Race Committee will monitor conditions throughout the Regatta and, if necessary, will adjust the draw patterns to create the fairest racing conditions.
- 9.9. It is the responsibility of each team manager and each competitor to keep him/herself informed of any changes to the Regatta programme.

Racing Kit

- 9.10. British Rowing Rule of Racing 7-2-5 does not apply to this Regatta.
- 9.11. Competitors may wear either the strip of the club that they are representing, or a uniform garment in their team colour. Team t-shirts provided by the Regatta should, where possible, be on display.
- 9.12. One t-shirt will be provided for each 'seat' entered (including coxes) plus one for the team manager (a maximum of 90 per region).
- 9.13. Please note that t-shirts are not available to coaches except for the team manager.

- 9.14. Individual team managers will be responsible for collecting the sizing information for their team t-shirts. This information to be submitted to the Entries Secretary by a date to be advised via an online form to follow.

10. Photography

- 10.1. There may be photographers and videographers at the Regatta. Their photographs and videos (which may include live streaming) may be used on the website and social media sites of the Regatta or by British Rowing. By entering the Regatta, competitors and those responsible for them consent to this.
- 10.2. Competitors and those responsible for them should be aware that other, non-official photographers and videographers might operate at national sporting events and the subsequent photographs may be freely used in print, digital media or elsewhere, over which the Organising Committee has no control.
- 10.3. Coaches and competitors agree that by entering crews they have made the crew members and their parents/guardians (where in loco parentis) aware of the above two paragraphs.
- 10.4. The use of drones is not permitted under any circumstances at the National Water Sports Centre. Any team which is seen to be using drones for any purpose within the boundary of the venue risks disqualification of their crew being filmed or of all their crews at the Regatta.

11. Welfare and Safeguarding

- 11.1. The Organising Committee of the Regatta recognises their Duty of Care to ensure that all reasonable steps are taken to provide a safe environment for all those attending the Regatta in whatever capacity. The Committee believes that the safety, welfare and wellbeing of all children and vulnerable adults is paramount. The Committee has in place a comprehensive welfare and safeguarding policy which will be circulated prior to the Regatta and published on the website.
- 11.2. Each team manager is responsible for the welfare, safety and appropriate supervision of his/her team and is expected to know the whereabouts of his/her team at all times during the Regatta. Sufficient appropriate supervision should be in place within each team to accommodate the number of junior competitors attending the Regatta. Any safeguarding concerns **must** be escalated to the JIRR Welfare Advisor immediately.

12. Clean Sport Statement

- 12.1. The Junior Inter-Regional Regatta is committed to Clean Sport. All athletes, athlete support personnel and clubs are bound and must abide by the World Anti-Doping Agency Code. Athletes competing at the Regatta could be tested at any time, and by entering this competition it will be deemed that consent to be tested has been given.
- 12.2. To understand more about anti-doping, the rules and your responsibilities, go to <https://www.britishrowing.org/about-us/governance/anti-doping/> or email antidoping@britishrowing.org

13. Regional Selection Processes

13.1. Team managers should note the direction from the National Competition Committee issued in January 2020 regarding the running of trials (see Annex A).

14. Key Dates

12:00	Monday, 20th February 2023	Entries open via BROE2
12:00	Friday, 7th April - noon	Entries close
11:00	Sunday, 9th April	Draw
22:00	Wednesday, 12th April	Draw published online
16:30	Friday, 21st April	T-shirts may be collected from the Registration Office from this time until 18:30 and on Saturday morning
08:00	Saturday, 22nd April	Regatta Day Registration Office opens for registering and making substitutions

ENDS

Annex A

The following information was circulated by the National Competition Committee (NCC) in January 2020. The Chair of the NCC has confirmed that the same process applies this year.



Regional Trials for Junior Inter-regional Regatta 2020

The National Competition Committee have discussed the request from several regions to use BROE2 for managing the entries for their trials for the Junior Inter-regional Regatta.

In order to use the BROE system, the trials would normally have to be an affiliated competition with the associated costs and requirements under the British Rowing Rules. A process to allow JIRR Trials was setup for 2019 and this is available for 2020.

Please find below the requirements for using the British Rowing Insurance. Please note that any selection trial or competition/event which has more than 4 clubs present will invalidate British Rowing insurance unless it has permission through this process or directly from the National Competition Committee.

Phillip Clements
Chair, National Competition Committee
January 2020

Regional Selection Trials/Events

Regions may select their crews through regional trials or selection events although it is not mandatory to hold a selection event and other methods of selection are permitted (e.g. by asking for expressions of interest from crews and selecting the crew with the highest PRI points)

If a Regional Rowing Council decides to hold a selection event then, as part of the event affiliation agreement, it is possible for RRCs to avail themselves of British Rowing Event Insurance.

In order to take advantage of such insurance a Regional Rowing Council shall agree in advance to the following:

- Each crew selection event shall be run by the individual region(s) concerned and organisational responsibility shall sit with those Regional Rowing Councils.
- Each RRC shall appoint an Organising Committee and a Race Committee, the chair of each shall be approved by the Junior Inter-regional Regatta Chair or Deputy Chair.
- The Organising Committee shall produce a Course Map, Safety Plan, Risk Assessment and a Welfare Plan/Statement along with Instructions to Crews which are suitable for the size & nature of the individual crew selection event in question (this may vary in detail between regions depending upon size of event & nature of water for instance). This shall be approved by the individual RWVA for that region where the selection trials/event is being held, ideally 6 weeks before the selection event.

The RRCs must note that the local set of documentation shall be submitted in advance in a timely manner to JIRR Chair and Deputy Chair for information, ideally when it is submitted to the RWVA.

Upon approval of the OC and documentation British Rowing grants individual event insurance to each region and access to BROE will be made available. (Note: the responsibility for the management of the trials is thereby returned to the RRCs and not the Junior Inter-Regional Committee)

This is an annual process which needs to be completed, a minimum of 6 weeks before a trial. Permission to run in previous years using the process, does not guarantee future years.